LUBBOCK STS

BODY TRANSFORMATION CHALLENGE

MALE WEIGHT LOSS (Based solely on Weight Loss %)

HONORABLE MENTION – MALE WEIGHT LOSS

 SHEA FLOYD: WEIGHT LOSS % - 8.29%

 21.40 LBS.
 BODY FAT LOSS - 4.60%

KEITH DRONES: WEIGHT LOSS % - 8.39% 21.10 LBS. BODY FAT LOSS – 4.00%

Weight-Loss Claimer: Consumers who use Herbalife[®] Formula 1 twice per day as part of a healthy lifestyle can generally expect to lose around 0.5 to 1 pound per week. Participants in a 12-week, single-blind study used Formula 1 twice per day (once as a meal and once as a snack) with a reduced- calorie diet and a goal of 30 minutes of exercise per day. Participants followed either a high-protein diet or a standard protein diet. Participants in both groups lost about 8.5 pounds.



3rd PLACE WEIGHT LOSS

DANIEL RASBAND

WEIGHT LOSS – 21.80 lbs. WEIGHT LOSS % - 10.28% BODY FAT LOSS – 2.60%

Weight-Loss Claimer: Consumers who use Herbalife[®] Formula 1 twice per day as part of a healthy lifestyle can generally expect to lose around 0.5 to 1 pound per week. Participants in a 12-week, single-blind study used Formula 1 twice per day (once as a meal and once as a snack) with a reduced- calorie diet and a goal of 30 minutes of exercise per day. Participants followed either a high-protein diet or a standard protein diet. Participants in both groups lost about 8.5 pounds.





2nd PLACE WEIGHT LOSS

BRIAN PLEASANT

WEIGHT LOSS – 39.00 lbs. WEIGHT LOSS % - 11.48% BODY FAT LOSS – 2.00%

Weight-Loss Claimer: Consumers who use Herbalife[®] Formula 1 twice per day as part of a healthy lifestyle can generally expect to lose around 0.5 to 1 pound per week. Participants in a 12-week, single-blind study used Formula 1 twice per day (once as a meal and once as a snack) with a reduced- calorie diet and a goal of 30 minutes of exercise per day. Participants followed either a high-protein diet or a standard protein diet. Participants in both groups lost about 8.5 pounds.





1st PLACE WEIGHT LOSS

FIDEL RAMOS

WEIGHT LOSS – 29.40 lbs. WEIGHT LOSS % - 13.40% BODY FAT LOSS – 8.30%

Weight-Loss Claimer: Consumers who use Herbalife[®] Formula 1 twice per day as part of a healthy lifestyle can generally expect to lose around 0.5 to 1 pound per week. Participants in a 12-week, singleblind study used Formula 1 twice per day (once as a meal and once as a snack) with a reduced- calorie diet and a goal of 30 minutes of exercise per day. Participants followed either a high-protein diet or a standard protein diet. Participants in both groups lost about 8.5 pounds.



BTC - MARCH 2015

FEMALE WEIGHT LOSS (Based solely on Weight Loss %)

HONORABLE MENTION – FEMALE WEIGHT LOSS

DELIA CASTILLO – WEIGHT LOSS % - 9.42% 16.20 LBS. BODY FAT LOSS – 3.00%

LAURA BETH PLEASANT – WEIGHT LOSS % - 10.33% 21.60 LBS. BODY FAT LOSS – 3.90%

Weight-Loss Claimer: Consumers who use Herbalife[®] Formula 1 twice per day as part of a healthy lifestyle can generally expect to lose around 0.5 to 1 pound per week. Participants in a 12-week, single-blind study used Formula 1 twice per day (once as a meal and once as a snack) with a reduced- calorie diet and a goal of 30 minutes of exercise per day. Participants followed either a high-protein diet or a standard protein diet. Participants in both groups lost about 8.5 pounds.



3RD PLACE WEIGHT LOSS

BRENDA BUFKIN

WEIGHT LOSS – 16.80 lbs. **WEIGHT LOSS % - 11.52%** BODY FAT LOSS – 4.40%

Weight-Loss Claimer: Consumers who use Herbalife[®] Formula 1 twice per day as part of a healthy lifestyle can generally expect to lose around 0.5 to 1 pound per week. Participants in a 12-week, singleblind study used Formula 1 twice per day (once as a meal and once as a snack) with a reduced- calorie diet and a goal of 30 minutes of exercise per day. Participants followed either a high-protein diet or a standard protein diet. Participants in both groups lost about 8.5 pounds.





2ND PLACE WEIGHT LOSS

NICOLE ALVIDREZ

WEIGHT LOSS – 18.00 lbs. WEIGHT LOSS % - 11.92% BODY FAT LOSS – 5.30%

Weight-Loss Claimer: Consumers who use Herbalife® Formula 1 twice per day as part of a healthy lifestyle can generally expect to lose around 0.5 to 1 pound per week. Participants in a 12-week, single-blind study used Formula 1 twice per day (once as a meal and once as a snack) with a reduced- calorie diet and a goal of 30 minutes of exercise per day. Participants followed either a highprotein diet or a standard protein diet. Participants in both groups lost about 8.5 pounds.





1st PLACE WEIGHT LOSS

VIRGINIA HERNANDEZ

WEIGHT LOSS – 26.60lbs. **WEIGHT LOSS % - 13.09%** BODY FAT LOSS – .70%

Weight-Loss Claimer: Consumers who use Herbalife[®] Formula 1 twice per day as part of a healthy lifestyle can generally expect to lose around 0.5 to 1 pound per week. Participants in a 12-week, single-blind study used Formula 1 twice per day (once as a meal and once as a snack) with a reduced- calorie diet and a goal of 30 minutes of exercise per day. Participants followed either a highprotein diet or a standard protein diet. Participants in both groups lost about 8.5 pounds.



BTC - M&RCH 2015

OVER 40 TRANSFORMATION -FEMALE

HONORABLE MENTION – FEMALE OVER 40 TRANSFORMATION

DIANA NEIGHLY: WEIGHT LOSS % - 3.93% 6.30 LBS. BODY FAT LOSS – 1.30%

JENNIFER LANGWELL: WEIGHT LOSS % - .14% .20 LBS. BODY FAT LOSS – 3.60%

Weight-Loss Claimer: Consumers who use Herbalife[®] Formula 1 twice per day as part of a healthy lifestyle can generally expect to lose around 0.5 to 1 pound per week. Participants in a 12-week, single-blind study used Formula 1 twice per day (once as a meal and once as a snack) with a reduced- calorie diet and a goal of 30 minutes of exercise per day. Participants followed either a high-protein diet or a standard protein diet. Participants in both groups lost about 8.5 pounds.

KATHY **ENRIQUEZ 3RD PLACE**

OVER 40 TRAMSFORMATION

pect to lose around 0.5 to 1 pound p in both groups lost about 8.5 pounds.

Weight-Loss Claimer: Consumers who use Herbalife[®] Formula 1 twice per day as part of a hea generally expect to lose around 0.5 to 1 pound per week. Participants in a 12-week singleek. Participants in a 12-we<mark>ek, single</mark> Formula 1 twice per day (once as a meal and once as a snack) with a reduced- calorie diet minutes of exercise per day. Participants fo/lowed either a high-protein diet or a standard protein

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style can udy used oal of 30 et. Participants

ANGELA FLOYD 2ND PLACE

OVER 40 TRAMSFORMATION

Weight-Loss Claimer: Consumers who use Herbalife® Formula 1 twice per day as part of generally expect to lose around 0.5 to 1 pound per week. Participants in a 12-week, Formula 1 twice per day (once as a meal and once as a snack) with a reduced- calori minutes of exercise per day. Participants followed either a high-protein diet or a standard in both groups lost about 8.5 pounds.

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t of a healthy lifestyle can k, single-blind study used lorie diet and a goal of 30 rd protein diet. Participants

LIBBY CLARK 1ST PLACE City Sheed

OVER 40 TRAMSFORMATION

ght-Loss Claimer: Consumers who use Herbalife[®] Formula 1 twice per day as part of a healthy lifestyle can erally expect to lose around 0.5 to 1 pound per week. Participants in a 12-week, single-blind study used mula 1 twice per day (once as a meal and once as a snack) with a reduced- calorie dist and a goal of 30 minutes xercise per day. Participants followed either a high-protein diet or a standard protein diet. Participants in both ups lost about 8.5 pounds.

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BTC - MARCH 2015

OVER 40 TRANSFORMATION -MALE

HONORABLE MENTION – MALE OVER 40 TRANSFORMATION

KENNETH KING – WEIGHT LOSS % 2.98 6.00 LBS. BODY FAT LOSS – 4.00%

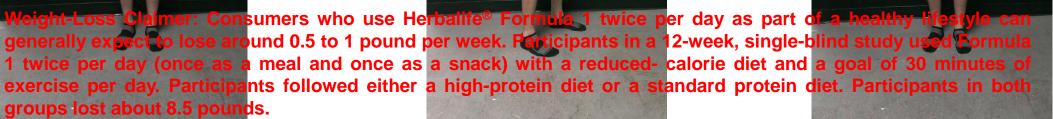
CARLOS ALVAREZ – WEIGHT LOSS % 2.84 4.40 LBS. BODY FAT LOSS – 1.50%

Weight-Loss Claimer: Consumers who use Herbalife[®] Formula 1 twice per day as part of a healthy lifestyle can generally expect to lose around 0.5 to 1 pound per week. Participants in a 12-week, single-blind study used Formula 1 twice per day (once as a meal and once as a snack) with a reduced- calorie diet and a goal of 30 minutes of exercise per day. Participants followed either a high-protein diet or a standard protein diet. Participants in both groups lost about 8.5 pounds.

BLAIR SCHAFFER 3RD PLACE

OVER 40 TRAMSFORMATION MALE





ROBERT HENRY 2ND PLACE

OVER 40 TRAMSFORMATION MALE

Weight-Loss Claimer: Consumers who use Herbalife[®] Formula 1 twice per day as part of a healthy lifestyle can generally expect to lose around 0.5 to 1 pound per week. Participants in a 12-week, single-blind study used Formula 1 twice per day (once as a meal and once as a snack) with a reduced- calorie diet and a goal of 30 minutes of exercise per day. Participants followed either a high-protein diet or a standard protein diet. Participants in both groups lost about 8.5 pounds.

SAMUEL SHERMAN 1ST PLACE

OVER 40 TRAMSFORMATION MALE



Weight-Loss Claimer: Consumers who use Herbalife[®] Formula 1 twice per day as part of a healthy lifestyle can generally expect to lose around 0.5 to 1 pound per week. Participants in a 12-week, single-blind study used Formula 1 twice per day (once as a meal and once as a snack) with a reduced- calorie diet and a goal of 30 minutes of exercise per day. Participants followed either a high-protein diet or a standard protein diet. Participants in both groups lost about 8.5 pounds.

BTC - MARCH 2015

FEMALE TRANSFORMATION

HONORABLE MENTION – FEMALE TRANSFORMATION

CATLIN STEHIK: WEIGHT LOSS % - 8.36% 22.30 LBS. BODY FAT LOSS – 3.60%

LORENA POSADAS: WEIGHT LOSS % - 6.64% 8.60 LBS. BODY FAT LOSS – 3.60%

Weight-Loss Claimer: Consumers who use Herbalife[®] Formula 1 twice per day as part of a healthy lifestyle can generally expect to lose around 0.5 to 1 pound per week. Participants in a 12-week, single-blind study used Formula 1 twice per day (once as a meal and once as a snack) with a reduced- calorie diet and a goal of 30 minutes of exercise per day. Participants followed either a high-protein diet or a standard protein diet. Participants in both groups lost about 8.5 pounds.



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SAMANTHA MORENO 3RD PLACE

BEST FEMALE TRAMSFORMATION



per day as part of a healthy lifestyle can s in a 12-week, single-blind study used a reduced- calorie diet and a goal of 30iet or a standard protein diet. Participants

MIKKA MILLER 2ND PLACE

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BEST FEMALE TRAMSFORMATION

t-Loss Claimer: Consumers who use Herbalife[®] ally expect to lose around 0.5 to 1 pound per the 1 twice per day (once as a meal and once es of exercise per day. Participants followed eith h groups lost about 8.5 pounds.

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Herbalife[®] Formula 1 twice p ound per week. Participants and once as a snack) with a owed either a high-protein die

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KRISTIN BOND

1ST PLACE

BEST FEMALE TRAMSFORMATION .oss Claimer: Consumers who us around 0.5 to 1 lose to (once as a mea <mark>se per da</mark>y. Participants f**o** lost about 8.5 pounds.

per day as part of a healthy life rmula 1 ts in a 12-week a reduced- calorie diet an liet or a standar<mark>d prote</mark>i

BTC - MARCH 2015

MALE TRANSFORMATION

HONORABLE MENTION – MALE TRANSFORMATION

JACOB RAMOS: WEIGHT LOSS % - 7.05% 18.80 LBS. BODY FAT LOSS – 1.00%

RICARDO FLORES: WEIGHT LOSS % - 8.25% 16.60 LBS. BODY FAT LOSS – 4.50%

Weight-Loss Claimer: Consumers who use Herbalife[®] Formula 1 twice per day as part of a healthy lifestyle can generally expect to lose around 0.5 to 1 pound per week. Participants in a 12-week, single-blind study used Formula 1 twice per day (once as a meal and once as a snack) with a reduced- calorie diet and a goal of 30 minutes of exercise per day. Participants followed either a high-protein diet or a standard protein diet. Participants in both groups lost about 8.5 pounds.

RUSTON SCARBROUGH

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3RD PLACE

BEST MALE TRAMSFORMATION Weight-Loss Claimer: Consumers who generally expect to lose around 0.5 to Formula 1 twice per day (once as a m minutes of exercise per day. Participants in both groups lost about-3.5 pounds.

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Consumers who use Herbalite[®] Formula 1 twice per day as part of a healthy lifestyle can ose around 0.5 to 1-pound per week. Participants in a 12-week, single-blind study used day (once as a meal and once as a snack) with a reduced- calorie diet and a goal of 30 er day. Participants followed either a high-protein diet or a standard protein diet. Participants

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CHUCKIE CASTILLO 2ND PLACE

BEST MALE TRAMSFORMATION



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Loss Claimer: Consumers who use Herbalife[®] Formula 1 twice per erally expect to lose around 0.5 to 1 pound per week. Participants rmula 1 twice per day (once as a meal and once as a snack) with a tes of exercise per day. Participants followed either a high-protei ants in both groups lost about 8.5 pound

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as part of a healthy livest 12-week, single-blind stu ed- calorie diet and a goal t or a standard protein di

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SPENCER BRAZIEL 1ST PLACE

BEST MALE TRAMSFORMATION



BTC MARCH 2015

FEMALE – BODY SCULPTING

HONORABLE MENTION – FEMALE BODY SCULPTING

CHANNING IVERSON – WEIGHT LOSS % - 5.11% 6.20LBS. BODY FAT LOSS – .90%

ABBY HARRISON – WEIGHT LOSS % - 1.84% 2.40 LBS. BODY FAT LOSS – 6.40%

Weight-Loss Claimer: Consumers who use Herbalife[®] Formula 1 twice per day as part of a healthy lifestyle can generally expect to lose around 0.5 to 1 pound per week. Participants in a 12-week, single-blind study used Formula 1 twice per day (once as a meal and once as a snack) with a reduced- calorie diet and a goal of 30 minutes of exercise per day. Participants followed either a high-protein diet or a standard protein diet. Participants in both groups lost about 8.5 pounds.

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3RD PLACE

FEMALE **BODY SCULPTING**

aimer: Consumers who pect to lose around 0.5 to once as a m exercise per day n both groups lost about 8.5 pounds.

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ce per day as part o<mark>f a h</mark>e pants in a 12-week, th a reduced- calori n diet or a standard p

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MINDY **FLORES**

2ND PLACE

FEMALE **BODY SCULPTING**

eight Loss Claimer: Consumers who use Herbalife ly expect to lose around 0.5 to 1 pound h both groups lost about 8.5 pounds.

Formula 1 twice per day as part of a healthy week. Participants in a 12-week, single-blind study used ormula 1 twice per day (once as a meal and once as a snack) with a reduced- calorie diet and a goal of 30 inutes of exercise per day. Participants followed either a high-protein diet or a standard protein diet. Participants

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SHELBY BANDA **1ST PLACE**

FEMALE **BODY SCULPTING**

Weight-L oss Claimer: Consumers who use Herbalife[®] Formula 1 twice per day as part of a healthy generally expect to lose around 0.5 to 1 pound per week. Participants in a 12-week, Formula 1 twice per day (once as a meal and once as a snack) with a reduced- calorie diet and minutes of exercise per day. Participants followed either a high-protein diet or a standard protein diet. Participants in both groups lost about 8.5 pounds.

ifestyle can single-blind study used (goal of 30

BTC - MARCH 2015

MALE – MUSCLE DEFINITION

HONORABLE MENTION – MALE MUSCLE DEFINATION

ALEX BANDA – WEIGHT LOSS % -.57% -1.00 LBS. BODY FAT LOSS – 7.30%

J.T. FIELDS– WEIGHT LOSS % - 1.13% -1.60 LBS. BODY FAT LOSS – 2.90%

Weight-Loss Claimer: Consumers who use Herbalife[®] Formula 1 twice per day as part of a healthy lifestyle can generally expect to lose around 0.5 to 1 pound per week. Participants in a 12-week, single-blind study used Formula 1 twice per day (once as a meal and once as a snack) with a reduced- calorie diet and a goal of 30 minutes of exercise per day. Participants followed either a high-protein diet or a standard protein diet. Participants in both groups lost about 8.5 pounds.

HAROLD CROW 3RD PLACE MALE MUSCLE DEFINITION

Weight-Loss Claimer: Consumers who use Herbalife[®] Formula 1 twice per day as part of a healthy lifestyle can generally expect to lose around 0.5 to 1 pound per week. Participants in a 12-week, single-blind study used Formula 1 twice per day (once as a meal and once as a snack) with a reduced- calorie diet and a goal of 30 minutes of exercise per day. Participants rollowed either a high-protein diet or a standard protein diet. Participants in both groups lost about 8.5 pounds.

CORY GRAY 2ND PLACE MALE MUSCLE DEFINITION The Dallas Morning ?

Weight-Loss Claimer: Consumers who use Herbalife[®] Formula 1 twice per day as part of a healthy lifestyle can generally expect to lose around 0.5 to 1 pound per week. Participants in a 12-week, single-blind study used Formula 1 twice per day (once as a meal and once as a snack) with a reduced- calorie diet and a goal of 30 minutes of exercise per day. Participants followed either a high-protein diet or a standard protein diet. Participants in both groups lost about 8.5 pounds.

KNIGIAN BELL 1ST PLACE MALE MUSCLE DEFINATION

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oss Claimer: Consumers who use Herbalife[®] Formula 1 twice per day as part of a healthy / <u>expect to lose</u> around 0.5 to 1 poun<mark>d per week. Participants in a 12</mark>-week, single<mark>-blind stu</mark>dy Weights a meal and once a nts followed eithe

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GRAND CHAMPION!!



KIM **WHITEHEAD** BEFORE







Weight-Loss Claimer: Consumers who use Herbalife® Formula 1 twice per day as part of a healt generally expect to lose around 0.5 to 1 pound per week. Participants in a 12-week, single-blind stud 1 twice per day (once as a meal and once as a snack) with a reduced- calorie diet and a goal of 30 minutes exercise per day. Participants followed either a high-protein diet or a standard protein diet. Participants in both groups lost abo<mark>ut 8.5 pounds.</mark>

WOW **KIM WHITEHEAD** AFTER!!!!

Weightcan gen nula 1 twice per day (once a used Fo of exercise per day. Part of 30 m Particip

MIDLAND REPORTER-THEFE 1710

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use Herbalife[®] Formula 1 twice per day as p rally expect to lose around 0.5 to 1 pound per week. Participants in a 12-w a meal and once as a snack) with a reduced- calorie diet and a goa cipants followed either a high-protein diet or a standard protein diet. **B.5 pounds.**

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KIM WHITEHEAD LOST 24.20 LBS 12.30% BF WEIGHT LOSS %

MIDLAND REPORTER-TELECRAM

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Weight-Lo<mark>ss C</mark>laimer: Consumers who us<mark>e Herbalife® Formula 1</mark> twice per day as part of a heal generally expect to lose around 0.5 to 1 pound per week. Participants in a 12-week, single-bl<mark>ind stu</mark> Weight-Los 1 twice per day (once as a meal and once as a snack) with a reduced- calorie diet and a exercise per day. Participants followed either a high-protein diet or a standard protein di groups lost about 8.5 pounds.

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